

THE 5TH TRADITION

OA San Fernando Valley Intergroup • 7133-B Darby Ave • Reseda, CA 91335 • www.oasfvalley.org • email: info@oasfvalley.org
General Info 818.342.2222 • Business Office 818.881.4776 • Hours: Mon, Tues, Thurs 12-3:30pm, 3rd Mon 7-7:30pm, Saturdays & Sundays after workshops only

Intergroup Development Presents:

BINGO PARTY

Sunday, March 30th, 2 p.m. – 5 p.m., Encino Community Center, 4935 Balboa Blvd.

Join us for a day of fun and fellowship. Each ticket purchased receives first 2 games free. Volunteers for service and donations from meetings, or fellows with gift cards or gift certificates, would be greatly appreciated. For more information, contact Heather HT, 818.203.9665, hlhgraphics@gmail.com.

2014 OA San Fernando Valley Event Season Pass

Access to Workshops and Special Events of the 2014 Events of OASFVI, such as all of the workshops, Bingo, Café Darbe, etc. Save 25% off the suggested donation, help support the events and participate in your recovery all year! For more information, please contact Heather HT, 818.203.9665, hlhgraphics@gmail.com.

12 Step Within Presents:

Whistle While You Work! (Workshop)

Sunday, April 27th, 2 p.m. – 4 p.m., Darby Office 7133-B Darby Ave., Reseda, CA 91335

A perfect time for Spring Cleaning. Step 4: Getting everything out of the basement, attic and closets. Step 5: Removing it from house and giving it away. Step 9: Taking care of repairs. Step 10: Regular dusting and vacuuming. The bank has asked us not to park in the bank parking lot, please park in the lot across the street from the OA office. For questions or more information, please contact Pearl, 818.203.0821, pearl.ricci@gmail.com, or Jim 818.760.0423.

Public Information Presents:

Q&As

Saturday, June 28th, 2 p.m. – 4 p.m., and Sunday Dec. 7th 2 p.m.-4 p.m. Darby Office 7133-B Darby Ave., Reseda, CA 91335

Learn what OA offers. Hear from a panel of speakers. Ask the questions you want answered. (These are not meetings but will have great speakers.) The Q&As are open to the public and health care professionals. For more information, please contact Elisa K. 818.983.8339, or Eric Y. 818.391.6447.

R2 Presents:

2014 OA Region 2 Convention

July 4-6, 2014, Hyatt Regency San Francisco Airport

Come experience OA recovery that leads to a new freedom in the heart of the S.F. Bay Areas! For more information, please contact Alison S. 818.292.4698, or <http://www.oar2.org/>

OA RELATED ANNOUNCEMENTS - MEETING CHANGES

The Thursday 7:30pm, Woodland Hills There is a Solution AA 12 & 12 Book Study at Kaiser Permanente will now meet in Classrooms 3 & 4 on the Lower Level. Access is available from the elevators in entrance 4 or 5.

The Wednesday 6:00pm, Kaiser Permanente Woodland Hills meeting, The First Step in Recovery, is now at Entrance 4 – Lower Level – Classrooms

The 6 p.m. Monday and 6 p.m. Wednesday meetings in Thousand Oaks will now meet at Conejo Valley Unitarian Universalist Church at 3331 Old Conejo Road, Newbury Park, CA 91320. For more information, contact Lisa D. 805.231.0124.

The Sunday night meeting at the Darby office has now changed meeting start time, and will now meet at 7:30 p.m. instead of 8 p.m. For more information, please contact Connie 323.856.3060.

BIRTHDAYS

2 Years Michael

5 Years Kristin

1 Year Caitlyn

3 Years Stu

If you have a birthday coming up, please email gunitkb@gmail.com

CALENDAR

March 30 Bingo Party 2pm-5pm

April 7 Board Meeting 7:30 pm

April 21 Delegate Meeting
7:30pm

April 27 Whistle While You
Work! (Workshop)
2pm – 4pm

LITERATURE CORNER

CDs from OA workshops are a great deal, many are only \$10 each. Get your copies now!

Go to www.oasfvalley.org, contact the OA office, or see your literature representative for an order form.

"CHAT WITH THE CHAIR"

Questions on OA, ask Nancy J., R2 Chair. 2nd Sunday of each month, beginning Feb. 9, 2014, from 8 p.m. – 9 p.m. PST, call 605.475.4000, conference call ID: 326612. *6 to mute, and *7 to talk Topics.

Complete Meeting List Available at www.oasfvalley.org
Find us online at "OASFValley" on Facebook and Twitter

CONTACT INFORMATION

EMAIL OUTREACH

Carla N
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Steve
SeeSteve@yahoo.com

If you would like to add your email address to the list, email gunitkb@gmail.com

Make use of our donated soda machine with sugar-free sodas and large bottles of water. Drink lots of water!!!

OA San Fernando Valley Intergroup Service Board

Board Chair
Holly G. 818.970.4686
hgrasso@att.net

Vice Chair
Susan 818.219.4122
iaminrecoverytoday@gmail.com

Treasurer
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oa2012treasurer@gmail.com

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5th Tradition
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Literature-Lifeline
Chas F. 805.583.3600
chas.ferry@mac.com

World Service Representative
Matt S. 310.990.4972
m.adamshepherd@gmail.com

Region 2 Representative
Alison S. 818.292.4698
alison.p.sullivan@gmail.com

Public Information
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wrltdtrvrr@hotmail.com

Eric Y. 818.391.6447
eyoung59@gmail.com

Intergroup Development
Heather HT. 818.203.9665
hlhgraphics@gmail.com

Outreach Contact Information

Before that first compulsive bite, call or email instead. ABSTINENCE is the MOST IMPORTANT THING ...without exception!

24 HOUR HOTLINE

Bernice 818.763.6387
Dan L. 818.309.9294 (M)
Ira H. 818.222.4116 (M)
Mary Ann 818.652.6124
Mary P. 818.848.2994
Paul H. 818.787.0288 or
818.317.5681 (M)
Steve 818.298.8002
Wanda Z. 818.896.7262 (M)
M.E. 805.577.8349
Terri 805.495.8881 (M)
Jim S 805.908.1199
Deon 661.254.7360 (M)
Jodi 661.313.2661
Ric 661.254.7360 (M)
Patricia S. 818.564.8154
Fred V. 323.569.6230
Hank 818-939.4232

SPECIFIED HOURS

Carla 818.642.8543
Leave message
Gail P. 818.769.7506
10AM – 6PM
Shelli 818.294.5837
9AM – 8PM
Susan L. 818.845.1368
9AM – 9PM
Stacie H. 818.645.0146
8AM – 8PM
Shoshanna 805.404.5315
4PM – 9PM
Gail 661.722.5833
7PM – 11PM
Cindy S. 818.406.1310
noon to 3am msg
Liza 818.203.9530
8AM – 9PM

OTHER OA NUMBERS

For meetings outside the Southern California area, call the OA World Service office M-F from 8AM to 4:30PM MT at 505.891.2664, or log onto the Internet and find a meeting at www.oa.org.

Beach Cities (310) 374.8533
Foothill (626) 568.7511
Inland Empire (909) 715.2080
LA Intergroup (323) 653.7652
San Diego (619) 521.2538
San Gabriel (626) 335.3355
Channel Islands (805) 899.3250
South Bay (562) 493.9030

RELATED NUMBERS
CEA-HOW (310) 364.4359

Did you know?

- OA San Fernando Valley Intergroup (OASVIG), supports all OA meetings from Glendale to Thousand Oaks, from La Crescenta to Santa Clarita and Simi Valley and the entire San Fernando Valley.
- There are currently 56 meetings per week in the OASVIG, 11 of which are held at the Darby location.
- OASVIG is part of Region 2 – which encompasses California, Hawaii, Mexico and Northern Nevada, one of 10 Regions that make up OA World Service that has over 6,500 groups in 60 countries.

SPANISH OUTREACH

Sam J. está disponible para los miembros de habla hispana del OA. Llámelo por favor en (818) 564-4014.

Has your meeting GOT DELEGATE? If not, you might be missing out on great info.

Be of service and please attend all delegates meetings, held on the 3rd Monday of the month, 7:30pm at the OA Darby office. Contact Delegates Coordinator Kim K. 818.318.5593 or krkrug@msn.com

SERVICE OPPORTUNITIES

If you would like to help create a home within a home for the young people of OA, contact Matt S. 310.990.4972 or m.adamshepherd@gmail.com to learn how you can be of service.

Professional Outreach is looking for speakers to share experience, strength and hope. If you're willing to be of service, please contact Carol B., cmb4252@ca.rr.com