

The San Fernando Valley Intergroup of Overeaters Anonymous
12th Step Within Committee
Presents a *FREE* Workshop Series...

BACK TO BASICS

"Here are the steps we took..." in four one-hour sessions

At the NEW OA Office

20121 Ventura Blvd #315 Woodland Hills, CA 91367

All sessions will run from 2:00-3:00 p.m. There is NO FEE for these workshops.

OCTOBER 19

Overview of the 12 Steps & Step 1

OCTOBER 26

Steps 2, 3 & 4

NOVEMBER 2

Steps 5, 6, 7, 8, & 9

NOVEMBER 9

Steps 10, 11, 12

Using the "Big Book of Alcoholics Anonymous", these workshops present a simplified version based on the Beginners Meeting Formats used by the pioneers of AA in the early 1940's.