

THE 5TH TRADITION

OA San Fernando Valley Intergroup • 20121 Ventura Blvd., # 315 • Woodland Hills, CA 91364 • www.oasfvalley.org • email: info@oasfvalley.org
General Info 818.342.2222 • Business Office 818.888.4776 • Hours: Tues. and Thurs. 12 p.m.-3:30 p.m., Wed. 3 p.m. -6:30 p.m.,
3rd Mon. of the month (Delegates Meeting) 6:30 p.m. -7:30 p.m.

12 Step Within Presents:

Thanksgiving Day Marathon

Location: OA Office, 20121 Ventura Blvd., # 315, Woodland Hills

Full day of meetings.... If you need a break from food, family, or just want to come to a meeting, there will be full day of back to back meetings from 7 a.m. – 10:30 p.m. If your meeting would like to sign up for a time slot, or if you have any questions, please contact either Jim 818.760.0423 or Pearl 818.203.0821, pearl.ricci@gmail.com.

Start Planning Early... Save the date for **Candlelight Meeting, Saturday December 13th**. For more information, please contact either Jim 818.760.0423 or Pearl 818.203.0821, pearl.ricci@gmail.com.

Public Information Presents:

Q&A

Sunday, December 7, 2014, 2 p.m. – 4 p.m. (Free Event)

Spread the word. Learn what OA offers... Family, friends, medical professionals, all are welcome. Hear from a panel of speakers. Ask questions you want answered. If you're willing to be of service for/at the event, have questions or more information, please contact Elisa K. 818.983.8339.

Foothill Intergroup Presents:

Gratitude and Action Plans (workshop)

Sat., November 22, 9 a.m. – 12 p.m., The Audubon Society @ Debs Park, 4700 N. Griffen Ave., LA

Speakers, Writing and optional hiking. Suggested donation \$10. (No one will be turned away for lack of funds) Question, please contact Jennifer at mildredmarx@yahoo.com

The Twelve Steps of the Holidays

Saturday, December 6th, 1 p.m. – 4 p.m., the Little White Church, Social Hall 1711 N. Avon St., Burbank

12 Steps, 12 Speakers plus entertainment and the Holiday Boutique, suggested donation \$10. Questions, 323.255.0143, or visit oafoothill.org.

LA Intergroup Presents:

Thanksgiving in the Park

Thurs., November 27th, 9 a.m. – 11 a.m., Rancho Park, 10460 W. Pico Blvd., Los Angeles, 90064, West Picnic Area, Pico Blvd. and Motor Ave. Questions, please contact Alisa at alisalsmith@hotmail.com

OA RELATED ANNOUNCEMENTS - MEETING CHANGES

OA Intergroup Office: We have a new home! 20121 Ventura Blvd., # 315, Woodland Hills, 818.888.4776

New Meeting: Fridays, 7 a.m., AA12 and 12 Step Study, at the new OA office in Woodland Hills. Questions, call Mike F., 818-398-2091.

Friday night North Hills meeting, "Acceptance is the Key", will now be starting at 6:30 p.m. instead of 7 p.m. Questions, please contact Heather 818.203.9665.

Wednesday, 6 p.m. First Step of Recovery meeting has moved to new OA office, no longer at Kaiser Permanente.

Thursday, 7:30 p.m., Woodland Hills meeting has now moved to new OA office, no longer at Kaiser Permanente.

Note to those attending a new meeting: Advisable to please call the meeting contact prior to attending the meeting to make sure the meeting is still taking place.

BIRTHDAYS

2 Years Susan

2 Years Martha

4 Years Wendy

4 Years Toni

35 Years Shelli

36 Years Ken G.

If you have a birthday coming up, please email gunitkb@gmail.com

CALENDAR

- | | |
|---------|------------------------------------|
| Nov. 27 | Thanksgiving Day Marathon Meetings |
| Dec. 1 | Board Meeting, 7:30 p.m. |
| Dec. 7 | Q&A 2 p.m. – 4 p.m. |
| Dec. 13 | Candlelight Meeting |
| Dec. 15 | Delegate Meeting 7:30pm |

LITERATURE CORNER

Literature Chair Requests Service...

Help your own recovery and others... Willing to help get CDs onto website and podcast? Learn how to rip audio from our CD library and upload it to our website. Chas will show you how.... Contact him at 805.587.3416, or chas.ferry@mac.com

Complete Meeting List Available at www.oasfvalley.org
Find us online at "OASFValley" on Facebook and Twitter

CONTACT INFORMATION

EMAIL OUTREACH

Carla N
pc5965@yahoo.com

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Shirley WM
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Steve
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Ray J.
rayjoseph32253@gmail.com

If you would like to add your email address to the list, email gunitkb@gmail.com

Make use of our fridge with bottles of water. Honor system to please leave \$1 for your water. Drink lots of water!!!

OA San Fernando Valley Intergroup Service Board

Board Chair
Holly G. 818.970.4686
hgrasso@att.net

Vice Chair
Susan 818.219.4122
iaminrecoverytoday@gmail.com

Treasurer
Anita M. 310.948.3277
oa2012treasurer@gmail.com

Secretary
Kathy R. 917.604.2568
kittykat668@aol.com

Professional Outreach
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cmb4252@ca.rr.com

12th Step Within
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pearl.ricci@gmail.com

Jim 818.760.0423

5th Tradition
Gunit 818.923.8520
gunitkb@gmail.com

Literature-Lifeline
Chas F. 805.583.3600
chas.ferry@mac.com

World Service Representative
Matt S. 310.990.4972
m.adamshepherd@gmail.com

Region 2 Representative
Alison S. 818.292.4698
alison.p.sullivan@gmail.com

Public Information
Elisa K. 818.983.8339
wrlptrvrr@hotmail.com

Intergroup Development
Heather HT. 818.203.9665
hlhgraphics@gmail.com

Outreach Contact Information

Before that first compulsive bite, call or email instead. ABSTINENCE is the MOST IMPORTANT THING ...without exception!

24 HOUR HOTLINE

Bernice 818.763.6387
Dan L. 818.309.9294 (M)
Ira H. 818.222.4116 (M)
Mary Ann 818.652.6124
Mary P. 818.848.2994
Paul H. 818.787.0288 or
818.317.5681 (M)
Steve 818.298.8002
Wanda Z. 818.896.7262 (M)
M.E. 805.577.8349
Terri 805.495.8881 (M)
Jim S 805.908.1199
Deon 661.254.7360 (M)
Jodi 661.313.2661
Ric 661.254.7360 (M)
Patricia S. 818.564.8154
Fred V. 323.569.6230
Hank 818-939.4232

SPECIFIED HOURS

Carla 818.642.8543
Leave message
Gail P. 818.769.7506
10AM – 6PM
Shellie 818.294.5837
9AM – 8PM
Susan L. 818.845.1368
9AM – 9PM
Stacie H. 818.645.0146
8AM – 8PM
Shoshanna 805.404.5315
4PM – 9PM
Gail 661.722.5833
7PM – 11PM
Cindy S. 818.406.1310
noon to 3am msg
Liza 818.203.9530
8AM – 9PM
Ray J. 818.200.9576
9AM-8PM

OTHER OA NUMBERS

For meetings outside the Southern California area, call the OA World Service office M-F from 8AM to 4:30PM MT at 505.891.2664, or log onto the Internet and find a meeting at www.oa.org.

Beach Cities (310) 374.8533
Foothill (626) 568.7511
Inland Empire (909) 715.2080
LA Intergroup (323) 653.7652
San Diego (619) 521.2538
San Gabriel (626) 335.3355
Channel Islands (805) 899.3250
South Bay (562) 493.9030

RELATED NUMBERS
CEA-HOW (310) 364.4359

Did you know?

- OA San Fernando Valley Intergroup (OASVIG), supports all OA meetings from Glendale to Thousand Oaks, from La Crescenta to Santa Clarita and Simi Valley and the entire San Fernando Valley.
- There are currently 56 meetings per week in the OASVIG, 11 of which are held at the Woodland Hills Headquarters.
- OASVIG is part of Region 2 – which encompasses California, Hawaii, Mexico and Northern Nevada, one of 10 Regions that make up OA World Service that has over 6,500 groups in 60 countries.

SPANISH OUTREACH

Sam J. está disponible para los miembros de habla hispana del OA. Llámelo por favor en (818) 564-4014.

Has your meeting GOT DELEGATE? If not, you might be missing out on great info.

Be of service and please attend all delegates meetings, held on the 3rd Monday of the month, 7:30pm at the OA Woodland Hills office. Contact Delegates Coordinator Kim K. 818.318.5593 or krkrug@msn.com

SERVICE OPPORTUNITIES

If you would like to help create a home within a home for the young people of OA, contact Matt S. 310.990.4972 or m.adamshepherd@gmail.com to learn how you can be of service.

Professional Outreach is looking for speakers to share experience, strength and hope. If you're willing to be of service, please contact Carol B., cmb4252@ca.rr.com