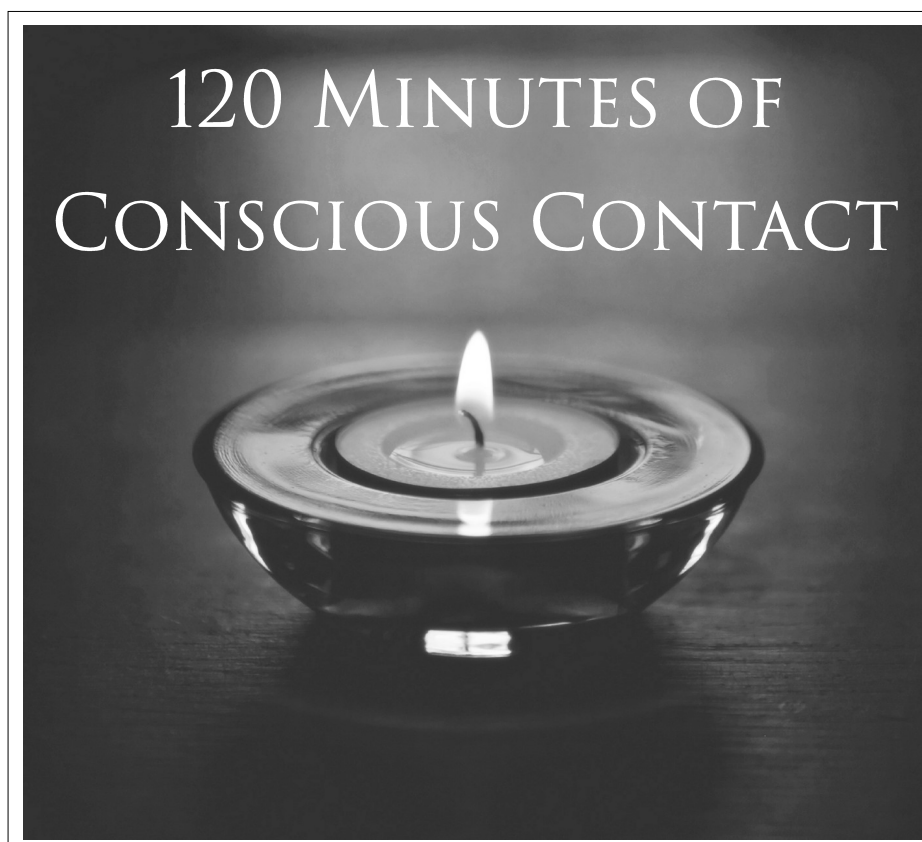


Overeaters Anonymous San Fernando Valley Intergroup
12 Step Within Committee presents



In the “120 Minutes of Conscious Contact” workshop we will explore ways to meditate. Find which ones are best for you.

Regardless of what step you are on, you will leave with your own personal list of spiritual tools to improve your conscious contact with God and others in your life.

Sunday, September 27, 2015

2:00 p.m. until 4:00 p.m.

OASFV Office 20121 Ventura Boulevard, Suite 315

Woodland Hills, CA 91364

(818) 888-4776

\$5.00 Suggested Donation

Bring a notebook or journal

Please park in the lot behind the building.

Please be prompt. *First come first served.* Maximum seating capacity is 60.