

**OVEREATERS ANONYMOUS SAN FERNANDO VALLEY INTERGROUP DELEGATE  
MEETING MINUTES**

August 15th, 2016

The meeting was called to order by Chair, Shari B at 7:30PM with the Serenity Prayer, followed by roll call and introductions.

Jim read Tradition 8 and shared.

The July meeting minutes were approved as submitted.

**REPORTS:**

***Chair: Shari B***

- Office hours changes: M/F 12-5, Sat 11:30AM-12:30PM
- Make sure to call ahead of time
- Meetings held in OA Office: If you are secretary, key issued at beginning of term, must give back at end of term and a new key will be issued to the new secretary. \$5 deposit. If you know someone who is not a secretary and has a key, please see Janet. Lockers: Need most up to date information on officers of the meeting
- OA Birthday Party January 13-15<sup>th</sup>: Register online \$40 at oabirthday.com

***Vice Chair: Sig***

- No report

***5<sup>th</sup> Tradition: Doritt***

- Oct/Nov Issue – Celebrating an OA Birthday? Please email Doritt to be included in the 5<sup>th</sup> Tradition. Shows recovery.
- Susan mentioned that people think reported OA birthdays need to be for the month that matches the issue and most don't want to send theirs in before the actual birthday.
- Doesn't matter when birthdays are submitted – we'd still like to celebrate them.

***Region 2 Rep: Alison***

- Upcoming retreats:
  - San Gabriel Day of the Dinosaurs 8/20 Glendora 10-4 \$10 suggested donation – speakers with 30+ years of abstinence

- 8/26-8/28 Serenity Retreat San Diego
- Redwoods Retreat 9/16-9/18 Acceptance is the Key
- World Service Convention in Boston over Labor Day Weekend

**12<sup>th</sup> Step Within (aka workshop committee): Joanne and Carla**

- October Food Sobriety Workshop - more info to come at next Delegates meeting
- What you can do in between – “At meetings” Handout

**Intergroup Development: Wendy and Michelle**

- Cabaret OA Fundraiser, Sunday August 21<sup>st</sup>, 5-8PM at Corbin Bowl, \$10 at the door or online
- SAVE THE DATE: Saturday Nov 5<sup>th</sup> Game Night in Sherman Oaks. Raffle Prizes. 7-10PM

**Public Information: Susan and Elisa**

- Twitter and Facebook now available @oasfvalley or Overeaters Anonymous San Fernando Valley
- LA Women’s Expo at LA Convention Center, Sat and Sun Oct 15/16. Need volunteers to cover booth. Please take 2 flyers and rip off tabs along the bottom which has Elisa’s phone number.
- Youth Flyer - take 3. Ask for volunteers who can distribute at college campuses or high schools or other places where young people can see the flyers. Good for spreading the message.
- PSAs - if anyone wants to help, contact Susan or Elisa. Some requests have already been sent out for radio and TV. Still waiting for replies. Needs to be in San Fernando Valley
- Still have postcards for people to take (packets of 10). Leave in a place you think it would be beneficial to attract others.

**Treasurer: Michael**

7<sup>th</sup> Tradition was collected

- July 2016’s income \$2,715.83
- \$19,366.82 YTD income
- Gross Profit \$4,302.93
- Low expenses for July, we are finally in the BLACK
- Gain this month of \$686.55

***Professional Outreach: Gunit (not present) and Sharon***

- Arranging CRI-Help panel for possibly September
- More professional outreach packets in October
- Contacts with doctors, please contact Gunit and Sharon

***Literature: Celeste***

- Flyers to pass out
- Info for newcomer on how to get literature + literature order form
- Rip and Burn Party at OA Office for Podcasts, bring Laptop for a few hours of service, Saturday Sept. 17<sup>th</sup>, 1-3PM

***World Service: Matt***

- Keynote Speaker for Region 1 Convention in Canada in mid-September
- Please sign OA 12&12 and will give to newcomer at R1 Convention
- “Nuts Over the Big Book” – pitch for Men’s Stag meeting in LAIG
- Encourage Delegates to tell people about FACEBOOK AND TWITTER, Liking the FB page is equivalent to liking any organization’s page but not necessarily revealing that you’re a member of that organization (i.e. Liking American Cancer Society’s page but not having cancer). Not a break in anonymity. At 2016 WSBC, World Service passed the motion to allow social media posting of Intergroup for information, events, etc.
- Susan suggested a handout or tutorial concerning anonymity and social media and setting your privacy settings

***Secretary: Leore***

- No report

Thank you for the opportunity to do service. With no further business to discuss, the meeting was adjourned at 8:18 PM.

Respectfully submitted, Leore, Secretary