

Do You Have a **PROBLEM** with **FOOD**?

Do you:
Eat when you are not hungry?
Binge, purge or restrict?
Is your weight
affecting your life?



You Are Not Alone!
Overeaters Anonymous Can Help!
Come to a Meeting Today
818-888-4776

www.oasfvalley.org/meetings   **@oasfvalley**

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