

OVEREATERS ANONYMOUS SAN FERNANDO VALLEY INTERGROUP DELEGATE MEETING MINUTES

September 19, 2016

The meeting was called to order by Chair, Alison S. at **7:31** PM with the Serenity Prayer, followed by roll call and introductions.

Leore read Tradition **9** and shared.

The **August** meeting minutes were approved as submitted.

REPORTS:

*Chair: **Shari B** (Absent) Alison filled in*

- *One vote per delegate regardless of how many meetings they represent*
- *12:30PM Meeting in OA office is a lunch and learn*
- *Susan C. is not getting the meeting minutes please make sure to send her a copy (susan.charles@me.com)*
- *Mindful of bathroom key (please do not leave in bathroom)*
- *Thursday 7AM closed at OA office (only one left is Friday 7AM)*
- *Possible after 1st of year 7:30AM Meeting, anyone interested reach out to Alison*
- *Elections in November (1- and 2-year positions open) List and job descriptions on IG website (oasfvalley.org) and in 5th tradition*
- *Great way to bump up your level of service, helps with abstinence*
- *LAIG - OA Birthday Party Jan 13-15 LAX Hilton, tickets on sale online at oabirthday.com*

*Vice Chair: **Sig***

- *Plans to update website*

*5th Tradition: **Doritt***

- *New 5th tradition*
- *Board positions descriptions*

*Region 2 Rep: **Alison***

*12th Step Within (aka workshop committee): **Joanne and Carla***

- *Food Sobriety Workshop Sunday Oct 23rd 2-4PM OA Office*
- *Wordsmith sheet to give to delegates to read out at meetings*

*Intergroup Development: **Wendy and Michelle** (Gunit filled in)*

- *Game night flyer, one for event and one asking for help passed out*
- *Delegates selling tickets, \$10 per ticket*
- *Committee members welcome*
- *Take a group conscious to pass the basket a second time this month for prize drawings*

*Public Information: **Susan and Elisa***

- *“Problem with Food” flyer to put up at schools/campuses passed out*
- *3 flyers per packet, 3 volunteers*
- *Facebook and Twitter live @oasfvalley*
- *Craigslist ads were posted*
- *Womens’ Expo Sat/Sun Oct 15/16th LA Convention Center- fully staffed with volunteers; stop by booth to help support OA.*
- *Postcards to give to anyone who can help pass along the*

message were passed out

*Treasurer: **Michael***

- *Total expenses \$,3529.06*
- *Net income \$1,117.37*
- *Comfortable, close to being fully funded in PR, hopefully by September we will have full PI/PO budget*
- *Tentative decision by Board to donate excess funds in form of contribution to WSO and R2*

7th Tradition was collected

*Professional Outreach: **Gunit and Sharon** (not present)*

- *One more CRI-HELP panel before the end of the year*
- *More printing of professional outreach packets - \$1.30 each to give to professionals and doctors*
- *PSA in 5th tradition announcement*

*Literature: **Celeste***

- *“About Literature “ flyers being added to Newcomer packet, will send out the flyer to delegates to add to existing newcomer packets at meetings*
- *Website will be updated with literature tab*
- *Sep 17 Rip Party CD to Podcasts. Need volunteers every three months for a couple hours to help rip CDs with laptop*
- *Meditation workshop will be up on podcasts this week*
- *Taste of Lifeline 2015 being highlighted this month*
- *If your meeting is struggling to have literature, consider just taking an extra collection to buy newcomer packets (Matt)*
- *New workbook for working OA 12 & 12 traditions coming out soon*

*World Service Re: **Matt***

- *New book on body image, sexuality and relationships*
- *Diversity needed, LGBTQ, older and younger*
- *New call for submissions (500 words)*
- *Please send link to all delegates so that they can share at meetings how to submit*
- *Returned from Region 1 Canada convention (guest speaker)*

*Secretary: **Leore***

No report

Thank you for the opportunity to do service. With no further business to discuss, the meeting was adjourned at **8:20 PM.**

Respectfully submitted,
Leore, Secretary