

The 5th Tradition

OCTOBER/NOVEMBER 2016

Abstinence is the most important thing, without exception!



THANKSGIVING Day MARATHON - Thursday, Nov. 24, 2016

Supporting each other, during the holiday, is an important part of our OA recovery. On Thanksgiving Day our office meeting room will be open from 7:00 am – 9:00 pm. *PLEASE SIGN YOUR MEETING UP TODAY* as meeting times will be distributed on a first come/first served basis! To reserve your time, please contact: Joanne or Carla: workshops@oasfvalley.org

HAPPY BIRTHDAY

Rochelle	18 years
Matt	10 years
Jim B.	9 years
Wendy BJ	6 years
Erin	6 years
Susan R.	4 years

Celebrating **53** years of recovery!

OCTOBER/NOVEMBER CALENDAR

OCTOBER	3	Board Meeting
OCTOBER	17	Delegates Meeting
NOVEMBER	5	Game Night
NOVEMBER	7	Board Meeting
NOVEMBER	21	Delegates Meeting
NOVEMBER	24	Thanksgiving Marathon

GAME NIGHT

November 5, 7:00 - 10:00 pm

FUN, FUN, FUN, FUN, FUN !!!

For location info call:
Michelle GW (818) 687-5038 or
Wendy BJ. (818) 324-0978

* OA OFFICE HOURS

Monday	Noon - 5:00 pm
	6:45 - 7:15 pm
	Open before Delegates Meeting (3 rd Monday)
Friday	Noon - 5:00 pm
Saturday	11:30 am - 12:30 pm

*Please call prior to coming to the office to be sure it is open!

The Recovery Corner



OASFVI SERVICE BOARD

In OA service beyond the group level is a way to enhance our own program as well as that of others. Elections will be held starting in November and the following positions are available for the 2017 term. Responsibilities and abstinence requirements for each position can be found on our website (oasfvalley.org). Service, truly, is its own reward – come and be a part of our Intergroup Board!

- BOARD CHAIR
- VICE CHAIR
- SECRETARY
- TREASURER
- 12 STEP WITHIN/ WORKSHOPS
- INTERGROUP DEVELOPMENT
- LITERATURE (audio/visual)
- PROFESSIONAL OUTREACH
- PUBLIC INFORMATION
- REGION 2 REP.
- WORLD SERVICE REP
- 5TH TRADITION EDITOR
- DELGATE COORDINATOR (ad hoc)

*Why not become part of our Service Board?
What do you have to lose?*

OASFVI OFFICE: 20121 Ventura Blvd., # 315 • Woodland Hills, CA 91364 • www.oasfvalley.org
email: office@oasfvalley.org • (818) 888-4776 (General Information) • (818) 888-4775 (Fax)



OASFVI SERVICE BOARD

BOARD CHAIR

Shari B. (310) 880-4750
chair@oasfvalley.org

VICE CHAIR

Sig D. (818) 222-6365
vicechair@oasfvalley.org

SECRETARY

Leore B. (818) 384-9979
secretary@oasfvalley.org

TREASURER

Michael F. (818) 642-0822
treasurer@oasfvalley.org

INTERGROUP DEVELOPMENT

Michelle GW (818) 687-5038
Wendy BJ. (818) 324-0978
intergroupdev@oasfvalley.org

LITERATURE

Celeste (818) 300-3098
literature@oasfvalley.org

PROFESSIONAL OUTREACH

Gunit (818) 923-8520
Sharon M. (818) 427-7031
profoutreach@oasfvalley.org

PUBLIC INFORMATION

Susan C. (818) 817-1480
Elisa K. (818) 983-8339
publicinfo@oasfvalley.org

REGION 2 REP

Alison S. (818) 292-4698
r2rep@oasfvalley.org

12 STEP WITHIN WORKSHOPS

Joanne S. (818) 939-4105
Carla (818) 642-8543
workshops@oasfvalley.org

WORLD SERVICE REP

Matt S. (310) 990-4972
wsorep@oasfvalley.org

5th TRADITION EDITOR

Doritt (818) 222-6365
editor@oasfvalley.org

AD HOC POSITION

DELEGATE COORDINATOR

Heidi R. (818) 337-9167
delegate@oasfvalley.org

DID YOU KNOW

When Meeting information changes. Meeting Secretaries, **PLEASE** make changes by e-mail to:

- 5th Tradition Editor: editor@oasfvalley.com AND
- OASFVI website: vicechair@oasfvalley.com AND
- World Service website: www.oa.org/edit-a-meeting/

Speaker's List: If you are the "speaker seeker" for a meeting and you are looking for Speakers, just email our OA office, office@oasfvalley.org, and a list will be sent to you! AND, if you would like to be added to the list, please let us know! (1 yr. Abstinence required). Please provide your: Name, Phone, Email, Abstinence date, Focus (CO,A,B,R, 100#) Willing to travel?

For the 7th Tradition: Instead of adding to the 'basket' at a meeting you *might* donate your 7th Tradition with a check covering a few months OR pay your meeting donation via Pay Pal/Credit Card on the OASFVI website.

Phone and Online Meetings can be found on our OASFVI website: www.oasfvalley.org

OA Literature may be purchased in the OA Office or by Phone (818) 888-4776 or Email office@oasfvalley.org

OUTREACH CONTACTS



24 HOUR HOTLINE

Bernice	(818) 763-6387
Hank	(818) 939-4232
Ira H.	(818) 222-4116 (M)
Jim S.	(805) 908-1199
Mary Ann	(818) 652-6124
Mary P.	(818) 848-2994
ME	(805) 577-8349
Paul H.	(818) 317-5681 (M)
Steve	(818) 298-8002
Terri	(805) 495-8881

SPECIFIED HOURS

Carla	(818) 642-8543 (M) Until 8:00 PM
Cindy S.	(818) 406-1310 (M) 5 AM - 3 AM
Gail	(661) 722-5833 9 AM - 10 PM
Gail P.	(818) 769-7506 10 AM - 6 PM
Gloria A.	(818) 585-6772 9 AM - 9 PM
Jacqui	(818) 346-1941 Day time only
Jodi	(661) 313-2661 6 AM - 9:30 PM
Liza	(818) 203-9530 8 AM - 9 PM
Shelli	(818) 294-5837 9 AM - 8 PM
Susan L.	(818) 845-1368 9 AM - 9 PM
Ray J.	(818) 200-9576 9 AM - 8 PM

(M) = Leave a message

SERVICE OPPORTUNITIES

OA Young Persons

If you are seeking resources for young people, or wish to provide support, please contact:

Matt S. (310) 990-4972
wsorep@oasfvalley.com

EMAIL

Carla

pc5965@yahoo.com

Denise

dbillings@roadrunner.com

Heather HT.

hlhgraphics@gmail.com

Jacqui

glitzie2@gmail.com

Linda S.

livoice23@gmail.com

Liza

ladue22@yahoo.com

Ray J.

rayjoseph32253@gmail.com

Roz G.

roz2000@roadrunner.com

Shirley W-M.

wittmiya@aol.com

Steve

SeeSteve@yahoo.com

PSA



We Want to Share the Message!

A PSA is A GREAT WAY to share our message of recovery. Do you have "radio contacts" who could help us place our message? If so, please contact: Susan or Elisa publicinfo@oasfvalley.org

Meeting Directory

BB = Big Book Study
 C = Chips given for lengths of abstinence
 HC = Handicapped Facilities
 LS = Literature Study
 NC = Newcomer's (½ hr. before mtg.)
 P = Participation
 Q&A = Questions and Answers
 S = Speaker
 SS = Step Study
 W = Writing
 ** = meeting longer than 1 hour

All meetings are 1 hour unless ** indicates that the time is extended. Contact names in **THIS FONT** have been recently updated.

Sunday			Contact	Phone	Meeting
7:30 AM	Studio City	FOCUS ON PERMANENT RECOVERY, Studio City Church of Christian Science 4032 Whitsett Ave.	KIM C. ROB	(818) 442-1633 (818) 984-7622	S, P, C
9:00 AM	Woodland Hills	SUNDAY MORNING WOMEN'S STAG, OA Office 20121 Ventura Blvd., #315	ROBIN E.	(818) 319-2522	S, P, C, HC **1 ½ hrs.
10:00 AM	Oak Park	FOCUS ON RECOVERY, Mae Boyer Park Rec Center 130 N Kanan Rd.	SAMUEL G.	(805) 494-3140	**1¼ hr
5:00 PM	Sherman Oaks	SUNDOWNER'S MEETING, Sherman Oaks Hospital 4929 Van Nuys Blvd, (1st Floor Conference Room)	IRIS GUNIT	(818) 394-9973 (818) 923-8520	S, P, C, HC
8:00 PM	Santa Clarita	LITERATURE STUDY/MEDITATION, Santa Clarita Methodist Church 26640 Bouquet Canyon Rd., (Small World Preschool Teachers Lounge)	MAGGIE	(661) 753-7480	LS
Monday					
7:30 AM	Studio City	MONDAY MORNING MEDITATION, Studio City Church of Christian Science 4032 Whitsett Ave, (enter through the 'Children's Room')	PEARL	(818) 203-0821	S, P, LS
12:30 PM	Woodland Hills	OA 12 & 12, OA Office 20121 Ventura Blvd., #315	LINDA J.	(818)882-8640	LS
6:00 PM	Thousand Oaks	OA MEETING, Temple Adat Elohim, Room 9 2420 E. Hillcrest Dr.	LISA	(805) 231-0124	LS
7:30 PM	Burbank	OA MEETING, Little White Chapel 1711 No. Avon, St., @ Jeffries (upstairs)	ANGEL	(323) 664-4655	S, P
7:30 PM	Woodland Hills	THE WHOLE BIG BOOK, United Methodist Church 5650 Shoup Ave.	MARK B.	(818) 399-0890	S, P, BB
7:45 PM	Encino	MONDAY NIGHT MIRACLES, Encino Community Center 4935 Balboa Blvd. (Youth friendly meeting)	HOLLY G.	(818) 970-4686	S, P, C, HC
8:00 PM	Santa Clarita	OA 12 & 12, Santa Clarita Methodist Church 26640 Bouquet Canyon Rd.	JOAN G.	(661) 714-6068	SS, P, C
Tuesday					
7:30 AM	Studio City	BIG BOOK STUDY, Church of Christian Science 4032 Whitsett Ave.	PEARL JIM	(818) 203-0821 (818) 760-0423	S, P, BB, HC
11:15 AM	Santa Clarita	OA 12 & 12 STEP STUDY, Congregation Beth Shalom 21430 Centre Pointe Parkway	SHARON H.	(661) 305-7373	SS
11:30 AM	Woodland Hills	OA 12 & 12 STEP STUDY, OA Office 20121 Ventura Blvd., #315	SUSAN C.	(818) 772-5777	LS, SS, P, C
6:00 PM	Sherman Oaks	AA 12 & 12, Sherman Oaks United Methodist Church 14401 Dickens St., (Music Room, Upstairs)	LESLIE	(818) 974-7180	LS, S, SS, P
6:30 PM	Burbank	BIG BOOK STUDY, Westminster Presbyterian Church 542 N Buena Vista Ave.	GUNIT RHONDA	(818) 923-8520 (818) 674- 2577	BB
7:00 PM	Woodland Hills	CAME TO BELIEVE, OA Office 20121 Ventura Blvd., #315	TIANA	(818) 644-7017	LS, S, P, HC
7:00 PM	Newhall	OA MEETING, Temple Beth Ami 23023 Hilse Lane (closest cross street is Walnut St.)	SUSIE O.	(661) 373-6497	S, P, C
7:00 PM	Simi Valley	LITERATURE STUDY, United Methodist Church 2394 Erringer, (Room 10)	ABBY M.	(818) 497-3950	LS OA 12/12
7:30 PM	Lancaster	PARTICIPATION MEETING, Lutheran Church 1821 W Lancaster Blvd.	GAIL	(661) 772-5833	P
7:30 PM	Oak Park	SPEAKER MEETING, Mae Boyer Park 130 N Kanan Rd.	ELLEN	(805) 390-5454	S, P, C

GOING TO A MEETING FOR THE FIRST TIME?

Please call the **CONTACT PERSON** to be sure the time and location are up to date!

Wednesday			Contact	Phone	Meeting
7:30 AM	Studio City	OA STORIES & ABSTINENCE, Studio City Church of Christian Science 4032 Whitsett Ave, (enter through the 'Children's Room')	DENISE CHRIS	(818) 620-0464 (818) 429-1339	S, P, LS
10:30 AM	Woodland Hills	THE WORD ON RECOVERY, OA Office 20121 Ventura Blvd., # 315	SUSAN C.	(818) 772-5777	LS, P, HC
6:00 PM	Woodland Hills	OVEREATERS ANONYMOUS, THE FIRST STEP IN RECOVERY, OA Office 20121 Ventura Blvd., # 315	ROCHELLE M.	(818) 585-6908	LS, Q&A
6:00 PM	Studio City	NO MATTER WHAT, Unitarian Church 12355 Moorpark St.	DANIELLE DEVONNA	(818) 383-3150 (812) 598-8004	S, P
6:00 PM	Newbury Park	LITERATURE STUDY, Unitarian Universalist Church 3331 Old Conejo Rd., (upstairs in the Teen Room)	MARCY	(805) 499-1053	LS, P
7:00 PM	Santa Clarita	WOMEN'S STAG, Santa Clarita United Methodist Church 26640 Bouquet Canyon Rd.	ADELA	(310) 430-0336	LS
7:30 PM	Woodland Hills	100 POUNDER' S MEETING, OA Office 20121 Ventura Blvd., # 315	CELESTE	(818) 300-3098	S, P, C, HC **1 ½ hrs.
Thursday					
7:30 AM	Studio City	OA 12 STEP STUDY, Studio City Church of Christian Science 4032 Whitsett Ave, (enter through the 'Children's Room')	HELEN JANICE	(213) 453-8568 (818) 309-3308	LS, SS, P, S,C
7:30 AM	Studio City	ABC FOCUS - ANOREXIC/BULIMIC EMPHASIS. Unitarian Church 12355 Moorpark St., (2nd floor)	TRACI STEPHANIE	(818) 427-3331 (818) 802-1148	S, P, C
12:00 PM	Woodland Hills	LITERATURE STUDY MEETING, OA Office 20121 Ventura Blvd., #315	SAM	(310) 993-5606	LS, P, S
7:00 PM	Simi Valley	SPEAKER MEETING, United Methodist Church 2394 Erringer Ave., (Room 11)	ME SIMMS	(805) 791-6160 (805) 577-8349	S, P, HC, C **1 ½ hrs.
7:15 PM	Valley Village	PRIMARY PURPOSE WOMEN'S MEETING, Faith Presbyterian Church of Valley Village 5000 Colfax Ave., (in the Choir Room)	DYAN	(818) 731-3585	S, P, C
7:30 PM	Woodland Hills	THERE IS A SOLUTION, OA Office 20121 Ventura Blvd., #315	HOLLY G.	(818) 970-4686	LS, HC, LS, P, SS
Friday					
7:00 AM	Agoura Hills	AA STEP STUDY 28720 Roadside Dr., Suite #200	MELISSA	(818) 416-7548	LS
7:00 AM	Woodland Hills	AA 12 & 12 STEP STUDY, OA Office 20121 Ventura Blvd., # 315	JANET Z.	(818) 298-7461	LS
7:30 AM	Studio City	FOCUS ON PERMANENT RECOVERY, Studio City Church of Christian Science 4032 Whitsett Ave, (enter through the 'Children's Room')	HELEN	(213) 453-8568	SS, (AA), P
12:00 NOON	Woodland Hills	BIG BOOK STUDY, OA Office 20121 Ventura Blvd., # 315	SAM	(310) 993-5606	LS
6:30 PM	La Crescenta	LITERATURE STUDY, Church of Religious Science 4845 Dunsmore Ave., (@ Santa Carlotta)	SHIRLEY WM.	(818) 951-1605	C, LS, SS, P
6:30 PM	Burbank	LITERATURE STUDY/PARTICIPATION, Little White Chapel 1711 No. Avon, St., @ Jeffries (upstairs)	KRYSTYNA	(814)242-5185	SS, S, P,
7:30 PM	Woodland Hills	JUMP START YOUR WEEKEND, OA Office 20121 Ventura Blvd., # 315	LINDA S.	(818) 383-2536	LS, S
Saturday					
7:30 AM	Burbank	FOCUS ON PERMANENT RECOVERY, Westminster Presbyterian Church 542 N Buena Vista St. (no child care)	JANINE R. KEN	(323) 906-9309 (818) 726-5250	S, P, HC,
9:30 AM	Canyon Country	LITERATURE STUDY, The Recovery Room 17714 Sierra Highway	CECILIA	(661) 310-4361	LS
10:00 AM	Burbank	LITERATURE STUDY, United Methodist Church 2828 Magnolia Blvd.	CHARLEE E.	(818) 980-7939	C, HC, S, SS
10:00 AM	Thousand Oaks	WOMEN'S STAG, Ascension Lutheran Church 1600 E. Hillcrest Dr., (in Library)	MARILYN	(805) 501-9335	S, P, HC, **1 ¼ hrs.
10:00 AM	Woodland Hills	SPIRITUAL MAINTAINERS, OA Office 20121 Ventura Blvd., #315	JO CASEY J.	(818) 995-6950	S, P, HC, **1 ½ hrs.
2:30 PM	Studio City	OA SATURDAY IN THE PARK, Studio City Park 12621 Rye St. (Recreation Bldg.)	MAGGIE F IRA H.	(818) 970-9551 (323) 222-4116	S, P, C
7:00 PM	Woodland Hills	SATURDAY NIGHT LIVE, OA Office 20121 Ventura Blvd., #315	ROBIN N. TIANA	(805) 823-3569 (818) 644-7017	S, P, C

GOING TO A MEETING FOR THE FIRST TIME?

Please call the Contact Person to be sure the time and location are up to date!