



**HEAR FROM 3 SPEAKERS FOLLOWED
BY A Q&A, SPIRITUAL EXPLORATION THROUGH
WRITING, SHARING AND MEDITATION**

- In what ways do you seek to improve your relationship with your Higher Power?
- How does time spent in prayer and meditation affect you?
- How do you know which thoughts are God's direction and which are your own?
- How do you make contact with your Higher Power?

DATE: Saturday, May 20, 2017

TIME: 2:00 – 4:00 PM

LOCATION: OA Office, 20121 Ventura Blvd, #315, Woodland Hills, 91364

WHAT TO BRING: Writing Materials (Pen/pencil, paper/journal)

COST: FREE (We will practice the 7th Tradition)

MORE INFO: Call Julie G. 310-467-3433 or Jessica F. (626) 224-4290