

OVEREATERS ANONYMOUS SAN FERNANDO VALLEY INTERGROUP DELEGATES MEETING MINUTES August 21, 2017

The meeting was called to order by Shari at 7:30 followed by the Serenity prayer and roll call.

Janet read Tradition 8 and shared for 2 minutes

The July meeting minutes were approved

Reports:

Delegate Coordinator: Tiana

Passed around meeting list for corrections/sign-in

Board Chair: Shari (7:39pm)

Will be moving in mid-November. Elections for Board Chair and other positions for 2018 will be held on October 16th (October's Delegates meeting). The Chair oversees all Intergroup committees, facilitates meetings.

There is a 3-year abstinence requirement. More details and requirements will be posted in the next issue of the 5th Tradition.

Finances are improving – keep doing what you're doing!

The Saturday, 7:30am Burbank meeting has moved to a new location (see flyer). 260 N. Pass Ave in Burbank. Please announce at your meetings.

LA Intergroup is hosting a one-day retreat titled "Food, Write and God" on Saturday, September 9th from 9am – 5:30pm. At St. Bede's Episcopal Church in West L.A. Please announce at your meetings.

The Women's Retreat in November is sold out.

Vice Chair: Doritt

No report

Treasurer: N/A (Shari filled in - 7:49pm)

\$3,267 Contributions received in July

\$4,857 Gross Profit

\$3,383 Expenses

\$1,475 Net Income for July

7th Tradition collected.

Newsletter: Bonnie (7:51pm)

Recovery Corner submissions (on "10th Step routine") will be accepted until September

4th.

Talk to your secretaries about sending in OA Birthdays

Next issue of the 5th Tradition will have descriptions of each Board position to get ready for elections.

Twelfth Step Within & Workshops: Julie & Jessica (7:52pm)

Next workshop will be on Sunday October 1st, 2-4pm. Called "Beyond Acceptance: A Body Positive Workshop". Workshop will be facilitated by Shari & Janet. There will be 3 speakers, Q&A, writing, and meditation. Flyers will be printed and distributed.

2018 OA Birthday Party will be on January 12-14, 2018. You can register online for \$45 for early registration until Thanksgiving. Theme is "Sunlight of the Spirit"

Have t-shirts for sale for \$20. Have all sizes – XS - 2X.

Looking for volunteers for the Boutique, Set-up and other committees.

This year, there will be an app called "Attendify" to track the event, show a map and more information about the event itself.

See Julie or Susan G. for more information and/or to volunteer.

Special Events & Fundraising: Jo (7:58pm)

Cabaret OA was a success and raised \$1,347 for the Intergroup – yay!

Bingo still needs a location. Possible venues include:

OA Member's Rec Room in Apartment Complex she lives in Encino – free, parking is a little bit away from building

Jo's home in Sherman Oaks – free, street parking but not one big room

Jae suggested a Club House/Room in Santa Clarita that's open for use for \$25.

Took straw poll – people would rather stay local and either go to Encino or Sherman Oaks.

Delegate suggested having it at the Office. Bonnie motioned for Jo/Shari to make the decision.

[Decision has been made to have it at the OA office from 5-7pm on Saturday, October 21st]

World Service: Gunit (8:14pm)

3rd Saturday of August is new "Sponsorship Day" (just passed it). Keep this in mind for next year.

Public Outreach: Leore & Jae (8:15pm)

“OA-Anon” had 10 speakers and 20 attendees. Was very well received and Leore got a lot out of it. Recordings via podcast will be posted within the next few weeks.

Pamphlets are available for loved ones of OA Members (i.e. To the Parent, To the Teen, To the Man, etc.)

This Saturday, the Public Outreach Committee will be having its 3rd meeting. From 12-2pm at the OA Office. Focus will be on institutional outreach.

Women’s Expo in at the LA Convention Center on October 14th-15th. Sharing a booth with LA Intergroup and, hence, sharing volunteers. Looking for volunteers to work 2-hour shifts. Requirements include 1 year of abstinence, 6 mos service above meeting level, working towards or maintaining healthy body weight and having worked or are working the 12 Steps

Literature/Digital Resources: Celeste (8:23pm)

Highlighted For Today and Voices of Recovery companion workbooks, 365 writing prompts, 1 per day

Experiencing technical difficulties with editing podcasts. Should get resolved soon.

New website coming soon.

R2 Rep: Janet ()

No report

Meeting Spotlights (8:25pm)

Rhenetta — Thursday 7:00pm Simi Valley & Saturday 10am Women’s Stag in Thousand Oaks

Both are speaker meetings – Saturday has about 25 attendees with fellowship following meeting. Thursday is a little smaller and room’s a little hot in the summer. May want to attend on a cooler day

Genowyn — Friday, Noon, Santa Clarita

Free rent in exchange for literature. A Lifeline meeting. Read from Lifeline magazine. Small meeting – relatively new. Not on the meeting list, yet, registered with World Service. Shari suggested putting meeting in the 5th Tradition to advertise and get people to the meeting

At 8:30pm, motion to adjourn accepted. Meeting ended with the Serenity payer

Your Secretary,
Molly K.