

OVEREATERS ANONYMOUS SAN FERNANDO VALLEY INTERGROUP DELEGATES MEETING MINUTES September 18, 2017

The meeting was called to order by Leore & Gunit at 7:31 followed by the Serenity prayer and roll call.

Celeste read Tradition 9 and shared for 2 minutes

The August meeting minutes were approved

Reports:

Board Chair: Leore/Gunit filled in (7:39pm)

The Wednesday 6pm meeting at the OA Office has been closed. Updates will be reflected in the 5th Tradition and SFVI website.

Elections for a new Board Chair for 2018 will be held at October's Delegates meeting. Elections for the rest of the Board positions will be held at November's Delegates meeting.

Most positions require 1 year of abstinence and 6 months of service above the meeting level. The Board Chair and Treasurer require 3 years of abstinence.

Most positions are one-year terms except for Word Service and Region 2 reps which are 2-year terms.

Doritt and Celeste will fill in as Board Chair for the remainder of the year.

Vice Chair: Doritt

No report

Treasurer: N/A (Gunit filled in - 7:44pm)

\$1,853.71 Contributions received in August

\$1,461.00 Event Income

\$4,513.26 Gross Profit

\$4,496.22 Expenses

\$17.04 Net Income for August

Overall contributions are increasing and we're starting to be more in the black.

7th Tradition was collected.

Delegate Coordinator: Tiana (7:47pm)

Passed around Delegate list for updates

Newsletter: Bonnie (7:48pm)

Passed around the October/November issue of the 5th Tradition.

Delegates should make the pitch and report birthdays for entering into the newsletter.

Recovery Corner features a farewell note from Shari

PLEASE CHECK 5th Tradition for accurate meeting info. Send changes to Bonnie @ newsletter@oasfvalley.org

Twelfth Step Within & Workshops: Julie (7:50pm)

“Beyond Acceptance: A Body Positive Workshop” coming up on Sunday October 1st, 2-4pm. Passed out flyers.

Passed out pamphlets for Thanksgiving Day marathon time slots. The marathon will be held on Thanksgiving Day (Nov 23rd) at the OA office from 7am – 9pm. Meeting’s time slot preferences can be emailed to Julie & Jessica at workshops@oasfvalley.org. Meeting formats are flexible for this marathon.

Special Events & Fundraising: Jo (7:55pm)

Bingo Fun Night will be held on Sat October 21st from 5-7pm at the OA Office. Tickets are available now for pre-purchase and includes 3 Bingo sheets / cards. Tickets bought at the door will come with 1 sheet. Come in costume and receive 2 extra Bingo sheets.

Refreshments will be available to drink in the foyer only. Clear-colored drinks are allowed into the meeting room.

Tickets can also be bought online through PayPal’s donate button in the amount of \$10 – please include a note stating that this is for Bingo ticket.

World Service: Gunit (8:02pm)

Gave introduction to World Service Rep position. Submissions for motions to be presented at the 2018 WSBC are now open until December

Public Outreach: Leore & Jae (8:04pm)

Workshop on Steps 1, 2, & 3 in Santa Clarita will be available on podcast soon.

Upcoming Women’s Expo at the LA Convention Center, October 14th & 15th. We will have a booth with volunteers to hand out literature and answer questions. General Admission is \$10, however, you can find free tickets through Starbucks. All literature and volunteers have been taken care of.

Intergroup Twitter & Facebook pages are now sharing posts from OA’s Young People’s page. Looking forward to an SFVI Young People’s meeting in the future.

Literature/Digital Resources: Celeste (8:08pm)

Technical difficulties have been overcome and there are now many new podcasts available on the website!

New Website with mobile functionality and meeting locator coming soon.

Passed out new Literature price list with updated retail tax amounts (takes effect October 1st – for new literature purchases only).

Speaker Release form is available on the website.

R2 Rep: Janet (8:12pm)

R2 Fall Assembly is at the end of October in Sacramento. Janet will be joining a new committee. More info to come soon.

Janet outreached to the Bariatric community at Kaiser Sunset and hopefully will be speaking and reaching out to help with pre-op patients,

Meeting Spotlights (8:13pm)

Michelle — Thursday 7:30pm, OA Office

Literature & speaker meeting. Read from the AA 12&12 and OA 12&12, alternating between the Steps and the Traditions. About 6-30 people attend. Could use support.

Salome — 6:00pm Voices of Recovery meeting in Studio City

Read from the daily reader, “Voices of Recovery” and then speaker shares. Speaker has 1 or more years of abstinence. Good attendance with a lot of recovery.

New Business (8:17pm)

Suggestion: Include note to delegates about Board Elections and Position Requirements in next Delegates packet.

Subject of fellowship came up – should be disclosed at the meeting level. Each group is autonomous.

Would be nice to note which meetings sell literature (in 5th Tradition and website)

At 8:24pm, motion to adjourn accepted. Meeting ended with the Serenity payer

Your Secretary,
Molly K.