

OASFV Twelfth Step Within Workshop

# BUILD SELF ESTEEM

SUNDAY APRIL 22, 2018

Taking

**SELF CARE**

2:00 – 4:00 pm

**SELF TALK**

Steps

in

Bring writing  
materials

**SELF CARE**

and strategies to share  
**SELF TALK**

Recovery

## INFORMATION

This workshop is FREE to OA members. A 7th tradition basket will be passed. Please consider arriving early. Maximum occupancy is 60 persons.

Contact: Linda S 818/802-0497

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