

# Overeaters Anonymous San Fernando Valley Intergroup

## Delegates Meeting Minutes

January 14, 2019

The meeting was called to order by the Chair, Bonnie, at 7:30 PM, followed by the Serenity Prayer.

The Delegates Sign-in Sheet was described. Pages are organized by the day of the week. Delegates should find their meeting then either initial in the far-left column if the information shown is correct (Delegate name, email address, and phone number) or, if they are new, fill in their contact information. If there is information displayed that is incorrect, cross it out and write in the corrected information. The Board members are on the last page.

ROLL CALL: All Board members and Delegates introduced themselves.

All Board members were present except Jeanne and Jessica.

The December Delegates meeting minutes were not sent out with the Delegates package, so they will be approved at the February meeting.

### Reports:

**Chair:** Bonnie

Elections (Positions require 6 months of service above the meeting level and 1 year of continuous abstinence):

Secretary – there is an interested candidate but she could not attend. There were no other nominations, so this position will be voted on next month.

Literature and Digital Resources chair – no nominations.

Public Outreach – Jojo L. was nominated and elected unanimously.

Tradition 1 was read and Bonnie shared on the Tradition for 2 minutes.

*Our common welfare should come first; personal recovery depends upon OA unity.*

The February Delegates meeting will be back to the normal schedule – the 3<sup>rd</sup> Monday, February 18.

Reminder about the OA Birthday Party – January 18-20. Cost is still \$55 online – it will be \$65 at the door. To register, go to <https://www.oalaig.org/oa-birthday-party>

**Vice Chair:** Jeanne (absent)

No report

**Treasurer:** Jonathan

The 7<sup>th</sup> Tradition was collected.

There was no official report, but we're doing OK.

**Secretary:** [position vacant]

None

**Special Events and Fundraising:** Lital (co-chair Jessica absent)

Nothing to report yet. Will report on new ideas next month.

**Literature and Digital Resources:** Nora

The website has been updated to display the latest events. The Promises meeting is also up.

Podcasts – if you record your meeting, please send the file to [literature@oasfvalley.org](mailto:literature@oasfvalley.org) so it can be uploaded to the website. Also, please include information if there is any profanity in the recording.

**12<sup>th</sup> Step Within/Workshops:** Linda (Leore absent)

Self-acceptance – A Body Image workshop Saturday, February 16, 1:30-4:30 pm at the OA office. This was very popular last time. Come early to be sure to get a seat.

Unity Day will be celebrated Sunday, February 24, 2019 at the OA Office. Arrive at 11:15; the meeting will begin at 11:25 am. OA members around the world will be praying together for OA Unity at 11:30 am our time.

**Newsletter Editor:** Alessandra

The new February/March 5<sup>th</sup> Tradition newsletter was distributed. Deadline for changes for the April/May edition is March 6, 2019. Be sure to send information about OA birthdays to [editor@oasfvalley.org](mailto:editor@oasfvalley.org).

**World Service Representative:** Gunit

The next WS Business Conference is in May. Gunit gave a description of what World Service is and how it works.

**Region 2 Representative:** Hank

Region 2 Convention date is June 28-30. Help spread the word about the convention. Email R2 Chair, Ann, if you're interested.

R2 is looking for a Treasurer.

**Meeting Spotlights**

Elisa talked about the Wednesday 6 pm No Matter What meeting at the Unitarian Church on Moorpark in Studio City. This meeting is all heart! The Voices of Recovery book is used for the readings.

T-Bird talked about the meeting that was started at the Alano Club in Lancaster, Wednesday night at 7 pm. Good vibe, lots of recovery.

**Open Issues** (none)

**New Business** (none)

The meeting was adjourned at 8:20 pm, followed by the Third Step Prayer.

Respectfully submitted,  
Gunit, substitute Secretary