

SFV OA 12<sup>TH</sup> STEP WITHIN PRESENTS:

# WHAT IS EMOTIONAL SOBRIETY ?

*Is the biggest war  
inside of you?*

*Have you considered  
that the circumstances  
are not the problem?*

*Are you ready to  
take responsibility  
for your own peace  
of mind?*

*Exhausted from  
the emotional  
merry-go-round?*



**Your perception** of circumstances leads to emotional sobriety or suffering.

Experience an enlightening afternoon as speakers share how they have turned emotional turmoil back to serenity and peace.

**WHEN:** Saturday, June 8, 2019

**WHAT TIME:** 1:30 P.M.—4:00 P.M.

**WHERE:** SFV OA Office, 20121 Ventura Blvd. #315  
Woodland Hills, CA 91364

**MATERIALS NEEDED:** Pen and notebook

**QUESTIONS:** Call Linda S. (818) 802-0497

7<sup>th</sup> Tradition basket will be passed

