

# Overeaters Anonymous San Fernando Valley Intergroup

## Delegates Meeting Minutes

August 19, 2019 7:30 pm

- **Call to order:** 7:30 PM – The Serenity Prayer
- **Sign in Sheet Instructions:** about using the Delegates sign-in sheet. Please fill in any missing information, cross off any incorrect information and replace it, and be sure to add your last initial if it's missing.
- **Roll Call:** Introductions by all in attendance.
- **Reading of Tradition 8:** and 2-minute share: Michelle G.

*Overeaters Anonymous should remain forever non-professional, but our service centers may employ special workers.*

- **Approval of minutes:** July minutes were approved.

### ▪ **Reports:**

Name	Board Position	Items for discussion
Bonnie	Chair	<ul style="list-style-type: none"><li>▪ <u>OA is alive and well in Sweden!</u> Attended several OA meetings, in Swedish, during a wonderful two-month visit.</li><li>▪ <u>The Delegates Announcements Sheet:</u> is included in your packet, sent to Delegates before each meeting. It contains topics for the meeting and space to take notes for any additional information that comes up at the meeting.</li><li>▪ <u>Elections for the 2020 OA Board:</u> New Board members will be elected in October and, for those remaining open positions, in November and December. Please check the October/November edition of the 5<sup>th</sup> Tradition for details on each position. Most Board positions are 1 year but may be renewed for a second year.</li><li>▪ <u>Region 2 Representative:</u> (currently vacant) If you have considered running for this position, this would be a good time to “check it out.” It is a 2-year position, only a weekend commitment, upcoming responsibility is the Fall Assembly, November 1-3 in Oakland. Our Intergroup pays all expenses. Please let Bonnie know if you are interested.</li><li>▪ <u>Meeting Contact Form:</u> Please complete the form and return to Bonnie or Janet. You may scan &amp; email, bring to the office, or bring it to the Sept. Delegates Meeting.</li><li>▪ <u>World Service Announcement:</u> There is a new 7<sup>th</sup> Tradition pamphlet. It suggests a \$5 donation per meeting. (It is available on the World Service website to download.) Please discuss this at your meetings and take a group conscience to increase or not. World Service is hoping that this increase will increase the amount available to donate to World Service.</li><li>▪ <u>The NEW OA 12 &amp; 12:</u> Suggestion to become more familiar with the new OA 12 and 12. There are more robust readings for anorexia and bulimia.</li><li>▪ Participation Form (green): Collected green sheets for member participation, and a reminder to have it filled out at your meeting and bring it to the next Delegates Meeting.</li></ul>
Jeanne	Vice Chair	<ul style="list-style-type: none"><li>▪ <u>New Ideas for Fundraising Events?</u><ul style="list-style-type: none"><li>▪ We are looking for ideas for some new events. If you have suggestions of what might be interesting, profitable and fun for our fellowship, please see Jeanne and share your thoughts!</li></ul></li></ul>

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		<ul style="list-style-type: none"><li>▪ <u>Is there any interest in a "Craft Day"</u> for making bracelets to sell at fundraising events? Jeanne would like to get a group together to do it, she has lots of beads and lots of enthusiasm about the project! Bracelets could be sold at the Birthday Party or at events for our intergroup. Please see Jeanne if you are interested.</li></ul>
Doritt	Secretary	<ul style="list-style-type: none"><li>▪ No Report</li></ul>
Jonathan	Treasurer	<ul style="list-style-type: none"><li>▪ <u>Financial Report</u> – Our intergroup continues to be financially healthy and in a good cash position.</li><li>▪ Collected 7<sup>th</sup> Tradition donations</li></ul>
Linda, Leore	12 <sup>th</sup> Step Within/ Workshops	<ul style="list-style-type: none"><li>▪ <u>RECOVERY FROM RELAPSE WORKSHOP Report, Sunday, August 4, 2019.</u> The event was successful, 45 attended, we collected 7th Tradition donations of \$162.00. Speakers from the workshop can be heard using podcasts on our website.</li><li>▪ <u>THANKSGIVING MARATHON, Thursday, November 28, 2019.</u> This is our next event. Meetings will be held all day in the office. Meeting signup times will be available in October.</li></ul>
Lital	Special Events and Fundraising	<ul style="list-style-type: none"><li>▪ <u>OA COMEDY NIGHT Report</u>, many thanks to all who helped. The evening was successful and raised \$1,730 (net \$1,445.80).</li><li>▪ <u>HALLOWEEN BINGO</u> will be the next event, in October. Details soon.</li></ul>
Nora, Sam	Literature and Digital Resources	<ul style="list-style-type: none"><li>▪ <u>New Website Update:</u> We are near the end of a 3-month web design project. It is set to go live at end of August. The template used for our site is the same as Denver and the LA Intergroup.</li><li>▪ We will be adding some resources that we didn't have before, more info about this soon.</li><li>▪ Main purpose of the website is to reach the newcomer.</li></ul>
Tim	Public Outreach	<ul style="list-style-type: none"><li>▪ <u>PSA Report:</u> Tim is searching for Radio stations who will run our Public Service Announcement (PSA). He is currently getting the information as to contacts. He is also reaching out to TV stations. If you know of anyone in radio or TV, please let Tim know and he will gladly follow up.</li><li>▪ Treatment Center Panels– Tim continues to work towards having a panel at an eating disorder clinic or gastric bypass physician's office.</li></ul>
Alessandra (absent)	Newsletter Editor	<ul style="list-style-type: none"><li>▪ <u>5<sup>th</sup> Tradition Newsletters:</u> Distribution of the August/September issue. Deadline for content for the October/November edition is September 4. Please get your OA Birthday information to Alessandra by then at editor@oasfvalley.org.</li></ul>
Gunit	World Service Rep	<ul style="list-style-type: none"><li>▪ World Service Rep is a 2-year term</li><li>▪ <u>Next World Service Business Conference: April 20-25, 2020</u></li><li>▪ Young People's Committee<ul style="list-style-type: none"><li>▪ Phone Meeting – info in 5<sup>th</sup> Tradition</li><li>▪ Hoping for Podcasts next year</li></ul></li></ul>
[Vacant]	Region 2 Rep	<ul style="list-style-type: none"><li>▪ Fall Assembly from November 1-3 in Oakland</li></ul>

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- Meeting Spotlights: Monday 6:00 pm, Agoura Hills, great meeting, needs support (shared by Miriam)  
Monday 7:15 am, Agoura, good meeting, needs support (shared by Jim)
- Open Issues: 0
- New Business: 0
- Adjournment: 7:25 pm