

# Overeaters Anonymous San Fernando Valley Intergroup

## Delegates Meeting MINUTES

December 16, 2019 7:30 pm

- Call to order – the Serenity Prayer
- Instructions about using the Delegates sign-in sheet. If everything is correct, initial the box on the left. Fill in and/or correct any information as needed. Keep the sign-in sheet moving!
- Roll call – Introductions
- Reading of Tradition 12 and 2-minute share - James  
*Anonymity is the spiritual foundation of all these traditions, ever reminding us to place principles before personalities.*
- Approval of November minutes - Approved
- Reports:

| Name        | Board Position                   | Items for discussion  |
|-------------|----------------------------------|---|
| Bonnie      | Chair                            | <ul style="list-style-type: none"> <li>▪ Bonnie will send out Delegate Meeting notes tomorrow, rather than distributing them tonight.</li> <li>▪ ELECTIONS for 2020 SFVIG Board                             <ul style="list-style-type: none"> <li>▪ <u>Special Events and Fundraising</u> – There are two experienced people who want to work on Special Events.                                     <ul style="list-style-type: none"> <li>▪ Jo was elected and will accept the position. Reva may also be on the committee</li> <li>▪ We will continue to look for additional committee members and possibly a Co-chair</li> </ul> </li> <li>▪ <u>Literature and Digital Resources</u>,                                     <ul style="list-style-type: none"> <li>▪ James will take the position of Vice Chair</li> </ul> </li> </ul> </li> <li>▪ New Delegates information Form. Delegates are asked to have this form completed at their meetings and submit the information to chair@oasfvalley.org and <a href="mailto:office@oasfvalley.org">office@oasfvalley.org</a>. May be scanned or hand delivered.</li> </ul> |
| Jeanne      | Vice Chair                       | <ul style="list-style-type: none"> <li>▪ <u>Bracelet Making Event</u>, Dec. 1. was successful. Jeanne has bracelets to sell, \$5.00 ea. May have another event to make some for the Birthday Party. More to be revealed.</li> </ul>   |
| Nora Samuel | Literature and Digital Resources | <ul style="list-style-type: none"> <li>▪ Status of the website.                             <ul style="list-style-type: none"> <li>▪ Our website is currently down. Bonnie has been in contact with GoDaddy, there seem to be some problems. Whether it is technical or financial, is still to be determined. It was up/working today and then down. James will contact Heather, our web designer, to see what's going on.</li> <li>▪ Search engines are directing searches to the LA Intergroup website rather than to our page. This needs to be resolved.</li> <li>▪ James mentioned that the hosting, at \$25 per month is too high and he will be researching more cost-effective web hosting.</li> </ul> </li> </ul>  |
| Gunit       | World Service Rep                | <ul style="list-style-type: none"> <li>▪ If anyone has suggestions, for general OA issues, they can be submitted to WSO and will be addressed.</li> <li>▪ The Young Persons Committee continues to meet. There will be a young person's pod cast in 2020, stay tuned for more information.</li> </ul>   |
| Lital       | Special Events and Fundraising   | <ul style="list-style-type: none"> <li>▪ No Report, see information above.</li> </ul>   |
| Linda       | 12 <sup>th</sup> Step Within/    | <ul style="list-style-type: none"> <li>▪ <u>Thanksgiving Marathon</u> raised \$258. Great day for all.</li> <li>▪ Report on <u>Candlelight Promises meeting</u>. Great turn out; \$150 raised.</li> </ul>   |

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| Leore                  | Workshops         | Speakers were recorded and their inspiring shares will be posted on our website once it is up and running.  |
| Jonathan               | Treasurer         | ▪ Financial report. Cash position is still strong.  |
| Doritt                 | Secretary         | ▪ No report   |
| Tim                    | Public Outreach   | ▪ Status report. Still working on Public Service Announcements. Will work on it more in 2020.   |
| Alessandra<br>[absent] | Newsletter Editor | ▪ Distribution of additional December/January <u>5<sup>th</sup> Tradition newsletters</u> .<br>▪ Deadline for content for the February/March edition is January 8, 2020. Get your OA Birthday information to <a href="mailto:editor@oasfvalley.org">editor@oasfvalley.org</a> before then.<br>▪ Meeting Cancelled: Sunday, Step Study and Beginners Meeting, Valley Village, 5:00 and 5:30. |
| [Vacant]               | Region 2 Rep      | ▪ Michelle has been elected as the Region 2 Rep.  |

- Meeting spotlights:
  - Friday night, OA office, 7:00 - 8:00 pm. Great way to jump start your weekend. Literature and discussion meeting. Great meeting that needs support.
  - Monday night, Agoura Hills, 6:00 – 7:00 pm. Only 5-6 people attend. Big Book study. Needs support, not sure if the meeting will be able to continue unless there are more attendees.
- Open Issues:

Janet thanked Bonnie for her support and thanked Jonathan for remaining as Treasurer. She is so grateful for their support and for the role of Delegates as they support the program and the fellowship.

Bonnie thanked the group for the honor of being the Chair. Being in this position has been less stressful than she thought and has been good for her recovery.
- New Business: 0
- Adjournment: 8:23 pm

Respectfully submitted,

Doritt D.

Secretary