# The 5th Tradition

OA San Fernando Valley Intergroup (OASFVI)

#### 2021 SFVIG Board Elections

It's that time of year again—elections for next year! Please consider the information below and send an email to chair@oasfvalley.org you have any questions.

#### Length of term:

1 year. All board members can serve two consecutive terms in the same position, then they must relinquish the position.

#### **Exceptions:**

World Service and Region 2 terms are 2 years; reps can serve 2 terms, up to a total of 4 years.

#### **Qualifications:**

- \* 1 year of abstinence (3 years for vice chair and 2 years for World Service and WSO Rep)
- \* 6 months of service above the meeting level (2 years for R2 Rep and WSO Rep)
- \* Regular attendance at an OA meeting for at least 1 year

#### Positions that will be elected:

- \* Vice Chair
- \* Secretary
- \* Public Information and Outreach
- \* Literature and Digital Services Chair
- \* Special Events and Fundraising Chair
- \* 12th Step Within/Workshops Chair
- \* World Service Representative
- \* Region 2 Representative

#### What are the commitments?

- \* Attendance at the Board meetings and Delegates meetings. They are generally held on the 1st and 3rd Monday night of each month.
- \* Other than meeting attendance, the duties required of each Board Member vary. If you would like more information, send an email to chair@oasfvalley.org.

- Submission by Paula C.

## **UPCOMING EVENTS**

#### **Candlelight Promises (VIA ZOOM)**

The annual OA Candlelight Promises is scheduled for Saturday, December 12th via Zoom. Fliers and tickets will be available on the OASFVI website soon. For more information, contact Melissa E. at workshops.oasfvalley.org

### OA Birthday Party (VIA ZOOM)

Join us for our annual OA Birthday Party ZOOM EDITION scheduled for January 16-17, 2021. Fliers are available on the OA LA website. This year's theme – "**Keys to the Kingdom**". Zoom info will be provided a closer to the event. For more information, visit <a href="https://www.oalaig.org/oa-birthday-party/">https://www.oalaig.org/oa-birthday-party/</a>



Paula C. 3 years
Jeanne B. 5 years
Camilla 7 years
Alison M. 8 years
Holly G. 18 years

#### Celebrating 41 years of recovery!

If you've had a birthday, send your name and years of recovery to editor@oasfvalley.org

#### CALENDAR

December 7, 2020 Board Meeting
December 12, 2020 Candlelight
Promises

December 21, 2020 Delegates Meeting

January 16-17 2021 OA Birthday Party

# WE'RE ON SOCIAL MEDIA!

Come find us!

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FACEBOOK: OASFV

TWITTER: @OASFVALLEY

INSTAGRAM:

@OASFV



#### 2020 OASFVI SERVICE BOARD

#### **BOARD CHAIR**

Darcy K. (310) 773-6833 chair@oasfvalley.org

#### VICE CHAIR

Jeanne B. (818) 424-4001 vicechair@oasfvalley.org

#### **SECRETARY**

Doritt D. (818) 516-3378 secretary@oasfvalley..org

#### **TREASURER**

Karen R. (818) 317-5385 treasurer@oasfvalley.org

#### **SPECIAL EVENTS & FUNDRAISING**

Jo H. (818) 736-7325 intergroupdev@oasfvalley.org

# LITERATURE & DIGITAL RESOURCES

Samuel G. (805) 341-1694 Bob S. (818) 416-5314 literature@oasfvalley.org

#### **PUBLIC OUTREACH**

Tim C. (323) 369-8048 publicinfo@oasfvalley.org

#### **REGION 2 REP**

Michelle G. (818) 687-5038 r2rep@oasfvalley.org

#### 12th STEP WITHIN/WORKSHOPS

Melissa E. (818) 203-2099 workshops@oasfvalley.org

#### WORLD SERVICE REP

Gunit K. (818) 923-8520 wsorep@oasfvalley.org

#### **NEWSLETTER**

Paula C. (805) 705-9773 editor@oasfvalley.org

#### **DELEGATE COORDINATOR**

Bonnie K. (714) 235-3026 delegates@oasfvalley.org

# ?

#### **DID YOU KNOW**



<u>When Meeting information changes</u>, Meeting Secretaries, *PLEASE* make changes by e-mail to:

- · OASFVI website: office@oasfvalley.org AND
- · World Service website: www.oa.org/edit-a-meeting/

If you're looking for speakers and/or sponsors, email our OA office, office@oasfvalley.org, and the list will be sent to you!

If you would like to be added to either or both lists, let us know.

Send an email to vicechair@oasfvalley.org with your name, phone number, email address, length of abstinence, focus (A/B,100#, other), and which list you'd like to be placed on – Speaker, Sponsor, Volunteer, and/or Email.

For the 7th Tradition: Instead of adding to the 'basket' at a meeting you might donate your 7th Tradition with a check covering a few months OR pay your meeting donation via Pay Pal/Credit Card on the OASFVI website. You can also create a ARC – Automatic Recurring Contribution. You will automatically be billed once a month until you decide to cancel your subscription.

## **24 HOUR HOTLINE**

Cynthia G. (818) 262-1275
Bernice (818) 763-6387
Hank N. (818) 939-4232
Ira H. (818) 222-4116 (M)
Jim S. (805) 908-1199
Mary P. (818) 848-2994
Steve (818) 298-8002
Terri (805) 495-8881

#### **EMAIL**

#### Carla

pc5965@yahoo.com

#### Denise B.

dbillings@roadrunner.com

#### Heather HT.

hlhgraphics@gmail.com

#### Jacqui

glitzie2@gmail.com

#### Linda S.

lindavoice23@gmail.com

#### Ray J.

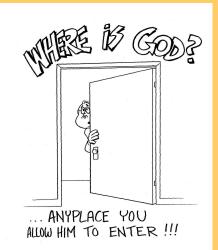
rayjoseph32253@gmail.com

#### Shirley W-M.

wittmiya@aol.com

#### Steve

SeeSteve@yahoo.com



#### **SPECIFIED HOURS**

**OUTREACH CONTACTS** 

Carla (818) 642-8543 (M) Until 8:00 PM Cindy S. (818) 406-1310 (M) 5 AM - 3 PM (661) 722-5833 Gail 9 AM - 10 PM Gail P. (818) 769-7506 10 AM - 6 PM Gloria A. (818) 585-6772 9 AM - 9 PM (818) 346-1941 Jacqui Day time only (661) 313-2661 Jodi 3 PM - 10:00 PM Shelli (818) 294-5837 9 AM - 8 PM (818) 845-1368 Susan L. 9 AM - 9 PM Ray J. (818) 200-9576



9 AM - 8 PM

(M) = Leave a message

Do you have any old
Podcasts or Speaker Tapes
you'd like to share with the
OASFVI? Due to some
unfortunate circumstances,
OASFVI lost access to
archived Podcasts. If
you'd like to submit one of
your favorites, please
contact our Literature &
Digital Resources board
members at
literature@oasfvalley.org

### OA San Fernando Valley Intergroup (OASFVI) OFFICE:

20121 Ventura Blvd., #315 • Woodland Hills, CA 91364 www.oasfvalley.org email: office@oasfvalley.org (818) 888-4776 (General Information), (818) 888-4775 (Fax)

**HOURS:** Monday, Tuesday and Thursday, 10:00 AM – 5:30 PM; Saturday, 11:30 AM – 12:30 PM (**always** call before coming!), and the 3rd Monday of the month, before the Delegates Meeting, 6:45 PM – 7:15 PM.

THE OASFVI OFFICE IS CURRENTLY CLOSED DUE TO COVID-19

# **Meeting Directory**

All meetings are 1-hour unless \*\* indicates that the time is extended.

Please note that some <u>Contact Names</u> have been recently updated.

All In-Person Meetings are currently closed due to COVID-19

BB = Big Book Study

C = Chips given for lengths of

abstinence = Handicapped Facilities

LS = Literature Study
NC = Newcomers (½ hr. before mtg.)

P = Participation

Q&A = Questions and Answers

S = Speaker SS = Step Study N = Writing

\* = meeting longer than 1 hour

Sunday			Contact	Phone	Meeting
7:30 AM	Studio City	Focus On Permanent Recovery, Studio City Church of Christian Science 4032 Whitsett Ave.	TIM COLLEEN	(323) 369-8048 (818) 359-8964	S, P, C
9:00 AM	Woodland Hills	Sunday Morning Women'S Stag, OA Office 20121 Ventura Blvd., #315	ROBIN SHELLI	(818) 319-2522 (818) 294-5837	S, P, C, HC **1 ½ hrs.
10:00 AM	Oak Park	Focus on Recovery, Mae Boyer Park Rec Center 130 N. Kanan Road	SAMUEL G.	(805) 494-3140	**1¼ hr
5:00 PM	Sherman Oaks	Sundowner's Meeting, Sherman Oaks Hospital 4929 Van Nuys Blvd. (1st Floor Conference Room)	COLLEEN LITAL	(310) 922-5661 (714) 244-2495	S, P, C, HC
Monday					
7:00 AM	Santa Clarita	AA 12 &12 BOOK STUDY, Santa Clarita United Methodist Church, Founders Hall or Fireside Chat Room. 26640 Bouquet Canyon Rd.	SANDY Y.	(661) 373-3900	LS, P, SP, SS, W, WC
7:15 AM	Agoura Hills	BIG BOOK & BROWN BOOK STUDY 28720 Roadside Drive, Suite 200	SHARON M.	(310) 383-6572	LS, P, WC
7:30 AM	Studio City	MONDAY MORNING MEDITATION, Studio City Church of Christian Science 4032 Whitsett Ave. (Enter through the Children's Room)	DIANE P.	(323) 906-9309	S, P, LS
12:30 PM	Woodland Hills	OA 12 & 12, OA Office 20121 Ventura Blvd., #315	LINDA J.	(818) 882-8640	LS
6:00 PM	Agoura Hills	SERENITY THROUGH THE BIG BOOK 28720 Roadside Drive, Suite 200	MIRIAM G.	(805) 341-1721	BB, LS
7:00 PM	Santa Clarita	Monday Night Hour of Recovery (OA 12 & 12), Santa Clarita United Methodist Church, 26640 Bouquet Canyon Road (Founder's Rm or Fireside Chat Lounge)	JOAN G. SANDY Y.	(661) 714-6068 (661) 373-3900	LS, P, SP, SS, WC
7:30 PM	Burbank	OA MEETING, Little White Chapel 1711 N. Avon St. and Jeffries (1st floor - Library)	JENNY K.	(510) 333-3708	S, P
7:30 PM	Woodland Hills	THE WHOLE BIG BOOK, United Methodist Church 5650 Shoup Ave.	MARK B.	(818) 399-0890	S, P, BB
7:45 PM	Encino	Monday Night Miracles, Encino Community Center 4935 Balboa Blvd. (Youth friendly meeting)	HOLLY G.	(818) 970-4686	S, P, C, HC
Tuesday					
7:30 AM	Studio City	ABC FOCUS - ANOREXIC/BULIMIC EMPHASIS. Unitarian Church 12355 Moorpark St., (2nd floor)	DAN	(323) 708-6753	S, P, C
7:30 AM	Studio City	BIG BOOK STUDY, Church of Christian Science 4032 Whitsett Ave.	PEARL JIM	(818) 203-0821 (818) 760-0423	S, P, BB, HC
11:30 AM	Woodland Hills	OA 12 & 12 STEP STUDY, OA Office 20121 Ventura Blvd., #315	DESI	(818) 383-4679	LS, SS, P,
6:00 PM	Sherman Oaks	OA and AA 12 & 12, Steps and Traditions, Sherman Oaks United Methodist Church 14401 Dickens St. (Music Room, Upstairs)	AMY B.	(323) 561-4849	LS, S, SS, P
6:30 PM	Burbank	AA BIG BOOK STUDY, Westminster Presbyterian Church 542 N. Buena Vista Ave.	ASHLEY	(818) 934-6908	ВВ
6:30 PM	Agoura Hills	AWAKENING, 28720 Roadside Drive, Suite 200	SHARON M.	(310) 383-6572	B, C, LS P
7:00 PM	Simi Valley	LITERATURE STUDY, United Methodist Church 2394 Erringer (Room 10)	ABBY M.	(818) 497-3950	LS OA 12/12
7:00 PM	Santa Clarita	OA MEETING, Kaiser Santa Clarita Medical Offices 2, 26877 Tourney Road, Santa Clarita, 91355	вов К.	(661) 373-1272	PC, HC, P

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Wednesday				C		
7:00 AM	Santa Clarita	BIG BOOK STUDY, Santa Clarita United Methodist Church, Pre-school Teacher's Lounge 26640 Bouquet Canyon Road	SANDY Y. TERESA B.	(661) 373-3900 (661) 755-3755	LS,P,SP,SS, W,WC	
7:30 AM	Studio City	OA STORIES & ABSTINENCE, Studio City Church of Christian Science 4032 Whitsett Ave. (enter through the Children's Room)	JANICE JOANNE	(818) 309-3308 (818) 430-7871	S, P, LS	
10:30 AM	Woodland Hills	THE WORD ON RECOVERY, OA Office 20121 Ventura Blvd., # 315	DESI	(818) 383-4679	LS, P, HC	
6:00 PM	Studio City	NO MATTER WHAT, Unitarian Church 12355 Moorpark St.	JACK	(310) 471-2210	S, P	
6:00 PM	Newbury Park	LITERATURE STUDY, Unitarian Universalist Church 3331 Old Conejo Road (Upstairs in the Teen Room)	MARCY	(805) 499-1053	LS, P	
6:30 PM	Valley Village	OA 12 STEPS AND 12 TRADITIONS, Anorexic/Bulimic/Compulsive Eating Temple Adat Ari El, 12020 Burbank Blvd.	LAURA S. KAREN E.	(310) 892-9379 (818) 458-8287	SS,S,P	
7:00 PM	Lancaster	OA MEETING Lancaster Alano Club, 104 E. Ave. K-4, Suite J. Lancaster, CA 93535	CHAYA	(661) 998-0241	LS	
7:30 PM	Woodland Hills	100 POUNDER'S MEETING, OA Office 20121 Ventura Blvd., # 315	CELESTE	(818) 300-3098	S, P, C, HC	
Thursday						
7:30 AM	Studio City	OA 12 STEP STUDY, Studio City Church of Christian Science 4032 Whitsett Ave. (enter through the 'Children's Room')	HELEN JANICE	(213) 453-8568 (818) 309-3308	LS, SS, P, S,C	
7:30 AM	Studio City	ABC FOCUS - ANOREXIC/BULIMIC EMPHASIS. Unitarian Church 12355 Moorpark St., (2nd floor)	DAN	(323) 708-6753	S, P, C	
12:00 PM	Woodland Hills	LITERATURE STUDY – PARTICIPATION MEETING, OA Office 20121 Ventura Blvd., #315	ANDREA	(818) 835-0815	LS, P	
7:00 PM	Thousand Oaks	BODY IMAGE FOCUS FOLLOWED BY WRITING - St. Patrick's Episcopal Church 1 Church Road, Buena Vista Room (Follow signs for church office)	FELICIA W.	(818) 726-2554	S, SS, P, LS, HC	
7:00 PM	Simi Valley	FOR TODAY United Methodist Church 2394 Erringer Ave. (Room 11)	KEN	(707) 604-2831	S, P, HC, C	
7:00 PM	Valencia	LITERATURE MEETING United Methodist Church 25718 McBean Parkway, Room 7 (Enter Back Parking Lot on Avenida Navarre)	LEYA B	(818) 235-6746	LS, P, HC, C	
7:15 PM	Valley Village	PRIMARY PURPOSE WOMEN'S MEETING - Faith Presbyterian Church of Valley Village 5000 Colfax Ave. (Meeting moved to back building, Room #1)	SABRINA LEORE	(310) 570-0236 (818) 384-9979	S, P, C	
7:30 PM	Woodland Hills	THERE IS A SOLUTION, OA Office 20121 Ventura Blvd., #315	DORRIT MICHELLE	(818) 516-3378 (818) 687-5038	LS, HC, LS, P, SS, C	
Friday						
7:15 AM	Agoura Hills	STEP STUDY 28720 Roadside Drive, Suite #200	SHARON M.	(310) 383-6572	P, SS, WC	
7:30 AM	Studio City	FOCUS ON PERMANENT RECOVERY, Studio City Church of Christian Science 4032 Whitsett Ave. (Enter through the 'Children's Room')	KAREN GEORGE	(818) 317-5385 (818) 822-3546	SS, (AA), P	
12:00 PM	Woodland Hills	BIG BOOK STUDY, OA Office 20121 Ventura Blvd., # 315	SONNY	(310) 749-3630	BB, P, C	
12:00 PM	Valencia	LIFELINE STUDY 23501 Cinema Drive, #210	MARGARET R.	(661) 252-2385	LS	
6:30 PM	La Crescenta	LITERATURE STUDY, Church of Religious Science 4845 Dunsmore Ave. (@ Santa Carlotta)	SHIRLEY WM.	(818) 951-1605	C, LS, SS, P	
7:00 PM	Woodland Hills	JUMP START YOUR WEEKEND, OA Office 20121 Ventura Blvd., #315	LISA	(818) 309-6200	LS, S	
Saturday						
7:30 AM	Burbank	FOCUS ON PERMANENT RECOVERY 260 N. Pass Avenue (just North of the 134, across from Vons)	HOLLY	(818) 970-4686	S, P, HC, C	
9:00 AM	Simi Valley	SIMI VALLEY UNITED METHODIST CHURCH (SATURDAY SHARING) 2394 Erringer Road, Room 11	CHAS F.	(805) 587-3416	LS, P, C, HC	
9:30 AM	Canyon Country	SPEAKER & LITERATURE STUDY, The Recovery Room 17714 Sierra Highway	CECILIA	(661) 310-4361	LS	
10:00 AM	Woodland Hills	SPIRITUAL MAINTAINERS, OA Office 20121 Ventura Blvd., #315	LINDA S. KAHALA	(818) 802-0497 (818) 430-5396	S, P, HC, **1 ½ hrs.	
10:00 AM	Thousand Oaks	WOMEN'S STAG, Ascension Lutheran Church 1600 E. Hillcrest Drive (in Library)	ALINE R.	(805) 906-9938	S, P, HC, **1 ¼ hrs.	
10:30 AM	North Hollywood	LITERATURE STUDY 10641 Burbank Blvd., Unit A.	CHARLEE E.	(818) 980-7939	C, HC, S, SS	
2:30 PM	Studio City	OA Saturday in the Park, Studio City Park 12621 Rye St. (Recreation Bldg.)	JESSICA S. ROCHELLE P.	(323) 605-5689 (818) 986-9922	S, P, C	