

OA SFV'S WALK-A THON 2023

INSTRUCTIONS!

1. Make plans to get up early Sunday July 30th!

2. Ask friends, family, sponsors, fellows, Tim C, to sponsor you!

(Lake Balboa has a 1.3 flat walking path that loops around the lake. Per lap may be the easiest. If you are walking in another location you can create your own distance, such as per block, per mile.)

3. On July 30th put your comfortable shoes on, bring extra water and come have fun walking with your fellows for a vital service!

We'll be meeting at the boat rental parking lot at 7am.

4. After the Walk-A-Thon, collect the money from your sponsors and send it in!

(A link for the donations will be handed out at the event!)

If you raised more than a hundred dollars instructions will be given on how to get your shirt!!



Thank you for your support of the OA San Fernando Valley Office!!